

EMERGENCY RESOURCES IN NORTHUMBERLAND COUNTY

This is a list of places, which can help you find food, shelter, money, clothing, medication, transportation and legal or mental health services in Northumberland County.

There are also many other agencies and government programs in the Northumberland area for counselling, legal aid, health services, financial assistance or employment services. If you want to know more or can't find what you need, call the Northumberland Community Legal Centre at 1-800-850-7882.

FINANCIAL ASSISTANCE

Ontario Works 860 William Street Cobourg, ON K9A 3A9 (905) 372-6846	Ontario Disability Support Program 360 George Street North Peterborough, ON K9H 7E7 (705) 742-9292 1-800-663-8560 TDD/TTY: (705) 742-7507	Service Canada Employment Insurance The Fleming Building 1005 Elgin Street West, Suite 103 Cobourg, ON K9A 5J4 (905) 372-3326
The Help Centre (905) 372-2646 1-888-698-3382	Salvation Army 66 Swayne Street Cobourg, ON 1-866-865-0768	Canada Pension Plan/OAS 1-800-277-9914 1-800-277-9915 (French)

SHELTERS

Transition House 10 Chapel Street Cobourg, ON K9A 1H9 (905) 377-0378	Northumberland Services for Women Shelter 1-800-263-3757	Alderville Shelter RR 4 Alderville, ON K0K 2X0 (905) 352-3708 1-800-388-5171	The Salvation Army (905) 373-9440 1-866-865-0768
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HOUSING/REPAIRS/ASSISTANCE

Habitat for Humanity: Northumberland A Brush with Kindness (905) 373-4663	Landlord and Tenant Board 1-888-332-3234	The Help Centre: Utilities Intervention Assistance (905) 372-2646	Assertive Community Treatment Team 1-866-373-5633 Ext. 205
Salvation Army: Homeless Initiative Program *Shelter, rent bank (905) 373-9440 1-866-865-0768	Homeowner Residential Rehabilitation Assistance Program: Canada Mortgage and Housing Corporation *Home repairs for disabled people 1-800-704-6488	Ontario Works: Homelessness Workers Sue Van Allen (905) 372-6846 Ext. 2490 Marilyn Allday (with children) (905) 372-6846 Ext. 2473	Northumberland County Housing Corporation 860 William St. Cobourg *Rent geared to income housing (905) 372-0151 1-800-434-2931
Rental Opportunity for Ontario (ROOF)* Housing allowance 1-888-544-5101 TTY: 1-800-263-7776			

MEDICATION

Trillium 1-800-263-2887 *You can also ask your pharmacist for a form	The Help Centre (905) 372-2646 1-888-698-3382
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MENTAL HEALTH SERVICE/ADDICTION

Lakeshore Mental Health 975 Elgin Street Cobourg, ON K9A 5J3 (905) 377-9891 1-888-294-7579	Four Counties Addiction Services Team Inc. (905) 377-9111 Crisis Lines: 1-800-461-1909 (not 24hr) 1-888-881-8878 (24 hr Pinewood) 1-866-995-9933 (Four Counties Crisis Line)	Campbellford Wellness Centre 155 Oliver Road Campbellford, ON K0L 1L0 (705) 632-2015 Crisis Phone: (705) 653-1140 Ext. 2193
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FOOD

Fare Share Food Bank Northam Industrial Park, Unit 17 Cobourg, ON K9A 4L3 Wed: 10am-1pm/6pm-8pm	Northumberland Food 4 ALL 133 Industrial Park Rd. Colborne, ON (905) 355-1973 Tues, Wed, Thurs: 10am-4pm
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Hastings and Roseneath Ministerial Food Bank *Closed last week of the month 50 Victoria Street Hastings, ON K0L 1Y0 (705) 696-1105 Tues: 1pm-2:30/Wed. 7pm-8pm	Northumberland County Community & Social Services, Children's Services, Community Outreach Program *Link for families with children to feed, if they run short or have an emergency 1-800-354-7051
Children's Aid Society of Northumberland *Provision of funds in emergency situations only. Food for families living in Northumberland County with children under 16 years of age 1005 Burnham Street Cobourg, ON (905) 372-1821	Kitchen of Hope: St. Mark's Anglican Church *Hot meal served weekly replaced by picnics in the summer. 51 King Street Port Hope, ON (905) 885-8313 Tues: 11:30am-1pm
Fare Share Food Bank: Campbellford and Warkworth 28 Doxsee Ave. South Campbellford ON K0L 1L0 Wed: 10am-11:30am	Salvation Army at the Percy Heritage Centre in Warkworth *Two days every month: second and fourth Thurs: 5pm-7pm
Colborne Food Bank Colborne United Church 1 Church St. East *Two days every month: second and fourth Tues: 9am-11am (905) 355-3331 or (905) 355-1338	Brighton Fare Share Corner of Prince Edward St. and Dundas St. *Open last two Wed of the month: 9am to noon
Fare Share Food Bank: Port Hope Port Hope United Church 34 South St. Port Hope, ON *Wed: 10am-12pm (905) 885 6674	Community Works Bewdley Optimist Club Intersection: Lake St. and Main St. *provides food and clothing (905) 342-1146
Salvation Army at Free Methodist Church 73 Ranney Street Campbellford, ON *Friday 11am-1pm	

CLOTHING

Beyond the Blue Box 14 Covert Street Cobourg, ON (905) 373-7202

TRANSPORTATION

Neighbourlink *will help move (905) 373-1558	Community Care 1005 Elgin Street West Cobourg, ON K9A 5J4 (905) 372-7356
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LEGAL SERVICES

Northumberland Community Legal Centre (NCLC) 1005 Elgin Street West Suite 301 Cobourg, ON K9A 5J4 (905) 373-4464 1-800-850-7882	Brighton Satellite Clinic of NCLC Trinity -St. Andrew's Church Office 13 Chapel St., Upper Level Brighton ON 1-800-850-7882 *Every Second Friday from 9am-11am	Family Law Information Centre: Court House 860 William Street Cobourg, ON (905) 372-3751 *Mon/Wed/Fri: 1pm-4pm
Colborne Satellite Clinic of NCLC United Church Corner of Church and Percy Streets *Every fourth Tuesday of the month from 9am-11am	Campbellford Satellite Clinic of NCLC Free Methodist Church 73 Ranney Street *Every second Friday from 11am-1pm	Community Works Bewdley Optimist Club Intersection: Lake St. and Main St. *provides food and clothing From 3:30pm to 5pm
Mental Health Diversion 155 Oliver Road Campbellford, ON K0L 1L0 (705) 632-2015 Crisis Phone: (705) 653-1140 Ext. 2193	Lawyer Referral Service Call an LRS member lawyer and receive a 30min free consultation. 1-800-268-8326	

EMPLOYMENT ASSISTANCE

Employment Supports ODSP: Peterborough Ministry of Community and Social Services (ODSP) Income and Employment Supports 360 George Street North, 2nd Floor Peterborough, ON K9H 7E7 Tel: (705) 742-9292 Toll Free: 1-800-663-8560 TDD/TTY: (705) 742-7507	Job Connect 1005 Elgin Street West, Suite 319 Cobourg, ON K9A 5J4 (905) 372-6865 Ext. 230 Mon-Fri: 8:30-4:30pm	Employment Assistance Resource Network: Creating employment opportunities for people with disabilities 275 Cottessmore Ave. Cobourg, ON K9A 4E3 (905)372-4455 Ext. 246
	Help Centre (905) 372-2646 1-866-698-3382	

For more information, call the Northumberland Community Legal Centre 1-800-850-7882 or (905) 373-4464

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